

Instructions After Extraction of PRIMARY Tooth

Post-Operative Care:

1. Continue to bite on gauze for 45 minutes, changing the gauze out every 15 minutes
2. Limit heavy activity for the first 24 hours after the procedure.
3. No drinking through a straw, no spitting and no smoking for 24 hours after the procedure.
4. Slight bleeding is to be expected for at least 4 hours after the procedure. If heavy bleeding persists, please call our office for instructions.
5. Take any over-the-counter pain medicine as needed. The following work best:
 - a. Children's Extra Strength Tylenol as directed for the first 2 days after
 - b. Children's Motrin as directed for the first 2 days after
6. Diet for the first 24 hours:
 - a. Milkshakes, ice cream, yogurt, Jell-O, puddings and plenty of cold liquid.
 - b. Diabetics may substitute sugar-free items, protein enriched shakes, etc.
 - c. Eat 3 meals and drink at least 6-8 glasses of water per day.
7. Cleaning your mouth:
 - a. Brush around the gums and adjacent teeth as normal
 - b. Use gentle, warm salt water rinses 24 hours after the procedure
 - c. Mix 8oz of hot water with 1 tsp of salt and rinse gently 2 times per day for 3-5 days following the procedure
8. It is common to run a low-grade fever for the first day. If this continues, or is a high fever, please call our office for instructions.
9. Place the baby tooth under the pillow before bed for the tooth fairy!

If you have any further questions, concerns, or an emergency, please call our office:

(724)-564-9010

Thank you!